

Conductive hearing loss

A guide for parents and carers



Ear Care and Audiology Services

patient**information**



The Rotherham
NHS Foundation Trust

Hearing about your experience of our services is very important as it means we can pass compliments on to our staff and make improvements where necessary. Tell us what you think by emailing us at: your.experience@nhs.net

Slovak

Ak vy alebo niekto koho poznáte potrebujete pomoc pri pochopení alebo čítaní tohto dokumentu, prosím kontaktujte nás na vyššie uvedenom čísle alebo nám pošlite e-mail.

Slovensky

Kurdish Sorani

کوردی سۆرانی
نەگەر تۆ یان کەسێک که تۆ دەیناسی پێویستی بەیارمەتی هەبێت بۆ ئەو دی لەم بەلگنامە بە تێبگات یان بێخوێنتێتەوه، تکایە پەیوەندیمان پێوه بکە لەسەر ئەو ژمارەیە سەرەودا یان بەو نێمەیلە.

Arabic

عربی
إذا كنت انت أو أي شخص تعرفه بحاجة إلى مساعدة لفهم أو قراءة هذه الوثيقة، الرجاء الاتصال على الرقم اعلاه، أو مراسلتنا عبر البريد الإلكتروني

Urdu

اُردو
اگر آپ یا آپ کے جاننے والے کسی شخص کو اس دستاویز کو سمجھنے یا پڑھنے کیلئے مدد کی ضرورت ہے تو برائے مہربانی مندرجہ بالا نمبر پر ہم سے رابطہ کریں یا ہمیں ای میل کریں۔

Farsi

فارسی
اگر جناب عالی یا شخص دیگری که شما اورا می شناسید برای خواندن یا فهمیدن این مدارک نیاز به کمک دارد لطفاً با ما بوسیله شماره بالا یا ایمیل تماس حاصل فرمایید.

If you require this document in another language, large print, braille, audio or easyread format, please ask our healthcare providers*

*Note to healthcare providers:

Translated / easyread healthcare information can be sourced via the **Easyread websites** listed at the back of this leaflet or via contacting our translation service which can be accessed through the Hub.

The hearing tests carried out today show that your child has a conductive hearing loss.

What does this mean?

This means that your child may find some day to day sounds/conversations difficult to hear, because the sounds can't travel through the ear because of a blockage.

The ear is separated into 3 sections: outer, middle and inner. The outer ear is what we can see when we look in the ear - we can see up to the ear drum; this is where often wax can accumulate. The middle section is where the main causes of conductive hearing loss occur; this is normally an air-filled space. The inner ear is where the hearing organ and nerves are.

The results from today's appointment suggest that there is fluid in the middle part of your child's ear, behind the ear drum. This is commonly referred to as glue ear or middle ear congestion. This **is not an infection**, and does not necessarily require antibiotics. However, this mucus/fluid can be a breeding ground for infection. If your child is unwell please speak to your GP.

Will this hearing loss be permanent?

This typically resolves by itself. If your child's hearing improves to within normal limits, after a period of watchful waiting, it is highly likely that they will be discharged from audiology.

How will this affect my child?

The audiologist may have discussed with you different treatment options based on your child's hearing loss.

It is important that your child has regular hearing checks, so that we can ensure that the child's better ear remains good.

Glue ear is a condition which can temporarily mean that your child's hearing is poorer than normal. Your child will be referred to a specialist if this is the case, or if there are any changes which require their input.

What treatment may be suggested?

As this type of hearing loss typically resolves by itself we will initially carry out a watchful wait. After a short time, usually three months, we will see you again whether or not the hearing loss has resolved. It can fluctuate; it may get better, stay the same or deteriorate.

If your child's condition has not improved or worsened, a referral to the Ear, Nose and Throat (ENT) department may be necessary. The ENT doctors will perform a full assessment. One treatment they may offer is the insertion of grommets or ventilation tubes, which is a short operation to clear the fluid and place a small tube in the ear. Alternatively, if this is a long term issue, hearing aids may be a treatment option.

One device you can buy, to try, is an Otovent. Using this device helps to open and close the tube which links to your ear (from the nose) to get some air into the middle part of the ear.

Conductive hearing loss

One other option to try is drinking through a sports-style bottle, for example fruit shoot bottles, which can also help.

What should I do if my child's hearing gets worse?

If you (or your child) notice any changes in their hearing level then you must contact us to arrange an appointment so we can reassess.

Is there anything I can do to help my child?

Yes. Ways in which you can help your child include:

1. Make sure that your child has a clear view of your face when you are talking to him/her and speak clearly. This is the same for teachers at school.
2. Try to keep background noise to a minimum when talking to your child.
3. Make sure everyone who spends time with your child is aware that he or she may have difficulty with hearing, particularly in noisy surroundings.
4. When at school make sure they sit with their better ear towards the teacher, or near the front of the class.
5. Encourage use of hearing aid (if this has been provided for your child).
6. Do not expose your child to cigarette smoke.

What should I do if I have any further questions?

If you have any questions about the results of the assessment or this leaflet then please call Ear Care and Audiology on **01709 423415** and ask to speak to an Audiologist.

You can also write them down and we'll discuss them at your next appointment.

Have a look at the NDCS (National Deaf Children Society) Website at **www.NDCS.org.uk**

How to contact us

Rotherham Ear Care
and Audiology Department

Rotherham Community Health Centre

Greasbrough Road
Rotherham
S60 1RY
01709 423145

Rotherham Hospital Switchboard

Telephone 01709 820000

Useful contact numbers

**If it's not an emergency,
please consider using a
Pharmacy or call NHS 111
before going to A&E.**

Action on Hearing Loss

Telephone/Textphone:

01709 514268

Sensory Services Department

Telephone 01709 822330

Connevans

Telephone 01737 247571

NHS 111 Service

Telephone 111

Health Info

Telephone 01709 427190

Stop Smoking Service

Telephone 01709 422444

UECC (A&E)

Telephone 01709 424455

**For GP out of hours,
contact your surgery**

Useful websites

www.NDCS.org.uk
www.earcarecentre.com
www.therotherhamft.nhs.uk
www.nhs.uk
www.gov.uk
www.patient.co.uk
www.connevans.co.uk
www.actiononhearingloss.org.uk
www.tinnitus.org.uk

Easyread websites

www.easyhealth.org.uk
www.friendlyresources.org.uk
www.easy-read-online.co.uk

We value your comments

If you have any comments
or concerns about the services
we have provided please
let us know, or alternatively
you can contact the
Patient Experience Team.

Patient Experience Team

The Oldfield Centre
The Rotherham NHS
Foundation Trust
Rotherham Hospital
Moorgate Road
Rotherham
S60 2UD

Telephone: 01709 424461

Monday to Friday

9.00am until 5.00pm

Email: your.experience@nhs.net

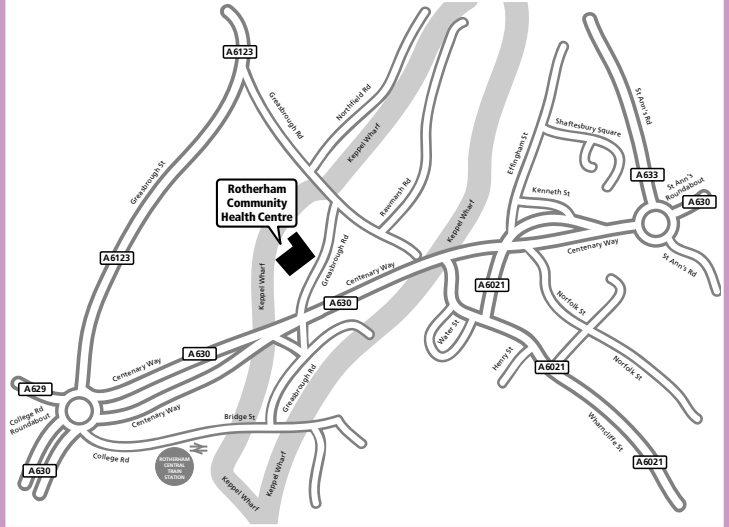
Produced by Miss Kirsty Bellamy

Date Produced: July 2020. Revision Due: July 2022. Version: 1.0

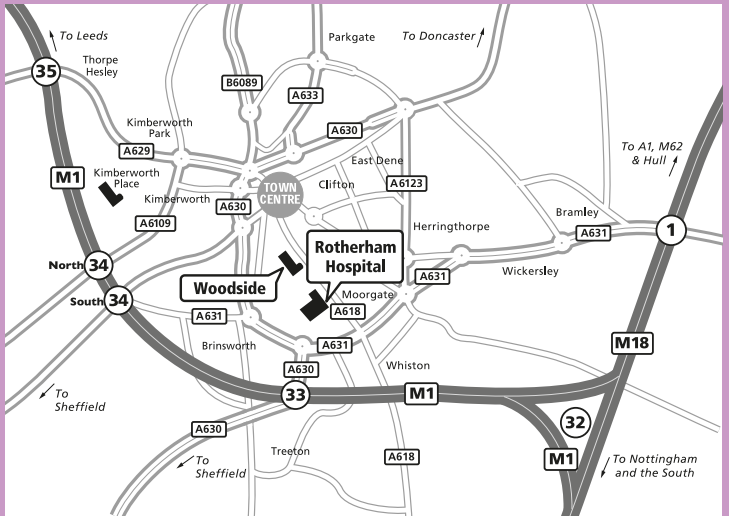
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How to find us

Rotherham Community Health Centre main routes



Rotherham main routes





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