An Introduction to Tinnitus Management
A One-Day Course

Whether you’re an audiologist, doctor, nurse, pharmacist or any other healthcare professional...
Whether you’re managing tinnitus on a daily basis
Whether you see patients with the condition occasionally
Whether you just want to know more...

This is the course for you!

- Nationally and internationally renowned speakers
- A choice of break-out sessions
- Exhibition by relevant product manufacturers and charities
- Refreshments reception on arrival
- Networking lunch

Rotherham Ear Care and Audiology Services
Phone: 01709 423145
Fax: 01709 423408
E-mail: rgh-tr.earcarecentre@nhs.net
Website: www.earcarecentre.com

Event Date:
15th June 2020
Course fee:
Professionals: £130
Students: £80
(Quote discount code: STINN20—Proof of Student status may be required)

Venue:
The Source Conference Centre
300 Meadowhall Way, Sheffield
S9 1EA
# Tinnitus Conference: Programme

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.45</td>
<td>Registration</td>
<td></td>
<td>Refreshments available in the foyer</td>
</tr>
<tr>
<td>9.15</td>
<td>Welcome and Introduction</td>
<td>Matthew White</td>
<td>(Senior Audiologist and Tinnitus Lead Rotherham NHS Foundation Trust)</td>
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<tr>
<td>9.45</td>
<td>Tinnitus Counselling &amp; Management Strategies: an overview</td>
<td>Sandy Grimes</td>
<td>(Retired NHS Hearing Therapist and British Tinnitus Association Vice President)</td>
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<tr>
<td>10.45</td>
<td>Coffee/Tea</td>
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<td>There will be an exhibition of relevant products/ information in the foyer</td>
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<tr>
<td>11.15</td>
<td>Tinnitus: Objective Measurement and the Anticipation Hypothesis</td>
<td>Dr James Jackson</td>
<td>(Associate Principal Lecturer in Psychology Leeds Trinity University)</td>
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<tr>
<td>12.15</td>
<td>Hearing Aids &amp; Combination Devices: their use in tinnitus management</td>
<td>Dr Magdalena Sereda</td>
<td>(Senior Research Fellow in Tinnitus at NIHR Nottingham Biomedical Research Centre and BTA Head of Research)</td>
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<tr>
<td>13.15</td>
<td>Lunch</td>
<td></td>
<td>There will be an exhibition of relevant products/ information in the foyer</td>
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<tr>
<td>14.00</td>
<td>Pulsatite Tinnitus</td>
<td>Mrs Susan Douglas</td>
<td>(Consultant ENT Surgeon specialising in Otolaryngology and Otology - Rotherham NHS Foundation Trust)</td>
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<tr>
<td>15.00</td>
<td>Breakout Sessions: Delegates may select 2 of the 4 available sessions</td>
<td></td>
<td><a href="#">Breakout sessions details</a></td>
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<tr>
<td>16.45</td>
<td>Conclusion &amp; Close</td>
<td>Matthew White</td>
<td></td>
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All the lectures will take place in the main conference room. The breakout sessions will be in other adjacent rooms to which you will be directed.

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**Breakout Sessions:**

- **Tinnitus & Mindfulness**
  - **Lynn Kiers** (HCPC Occupational Therapist and Mindfulness Teacher)

- **Tinnitus & Sleep**
  - **David Stockdale** (Chief Executive - British Tinnitus Association)

- **Psychological therapies for people with tinnitus-related distress**
  - **Dr Laura Mantle** (Principal Clinical Psychologist, Park Rehabilitation Centre, Rotherham)

- **Paediatric Tinnitus: An overview of assessment & management**
  - **Claire Benton** (Paediatric Audiologist and Head of Audiology, Nottingham University Hospitals NHS Trust)